

## **The Flower Essence Society Independent Study Option for Social Service as part of the FES Certification Program**

The **FES Certification Program** is an optional in-depth study of flower essence therapy for those who have completed the **FES Professional Course**. If you are not familiar with the program, please read this [Overview of the FES Certification Program](#)

In place of the three in-depth case studies for the **FES Certification Program** conducted through the more typical counseling format involving one client, an **Independent Study Option for Social Service** for the **FES Certification Program** is now also available. This option is designed for those practitioners who may wish to profile the efficacy of flower essence therapy in social service projects for their communities, or as volunteers for such projects anywhere in the world. These social healing initiatives are characterized by working broadly in a community or group setting, demonstrating and documenting the efficacy of the flower essences across a particular spectrum of healing issues, rather than the typical in-depth counseling approach with one client at a time.

The following are examples that can be considered for an **Independent Social Service FES Certification**. Please note that this is not an exclusive list. If you have other proposals, please feel free to submit your research design to the **Flower Essence Society** for consideration.

1. **Select Populations According to Age, Gender or Other Demographics:** Working with the particular needs and issues of a select community of individuals or beings. Examples would include but not be limited to: at risk or developmentally disabled children, abandoned animals, the unique needs of the elderly, a blight of diseased trees in a bio-region, and so forth.
2. **Targeted Healing Issues** Specialized arenas of therapy would include but not be limited to: drug addiction, homelessness and displacement from community and family, war aftermath or other forms of post-trauma stress, domestic violence, human trafficking and sexual exploitation and abuse, environmental toxins and ecological healing, hospice care, animal rescue and rehabilitation, mental health, autism, cancer, heart disease, or other common physical diseases, stress or conflict in the workplace, unique stress factors and their solutions in a particular profession such as firefighters, teachers or healers.
3. **Emergency or First Aid Humanitarian Outreach:** Rescue, relief and first aid care following any natural disaster, social tragedy or within any war or refugee zone. In general, any situation requiring immediate care and compassionate aid.

To make proposals for an independent study project, please contact the **Flower Essence Society** or your FES-authorized teacher directly. You must have your study design and proposal approved in advance.

Many practitioners have used flower essence therapy in social service programs and humanitarian outreach. This page of [examples of social service programs](#) will show you some of the many significant ways that flower essences have help alleviate human suffering. They can serve as an inspiration to you, as you develop you independent studies proposal for certification. Please note that these reports were not presented as a part of the FES Certification Program, which did not include such programs at the time.

The following basic steps are required for activating the **Independent Study option for the FES Certification Program**:

1. **Written Proposal** Submit a proposal in writing to the *Flower Essence Society*. This proposal must outline the over-all purpose, research method, target population and therapeutic objectives. While such a project cannot be expected to have an exact, pre-determined outcome, you must state your intended healing goal for the program, along with identifiable ways of assessing this outcome. For example, you will identify 5 basic stress indicators for an immigrant community, and then measure and assess the end result, discussing the flower essences used and why they were efficacious.
2. **Review:** When appropriate or necessary, the *Flower Essence Society* (or authorized FES teacher) will help shape the concept and provide feedback and suggestions regarding the feasibility and design details of the proposal.
3. **Approval:** The *Flower Essence Society* must approve the proposal in writing before the certification candidate commences the project.
4. **Graphic Documentation:** Explicit documentation of the project will be required; such as a written report organized according to categories of outcome, graphic illustrations, photos, video interviews, etc. to show the effects or results and general outcome of the project.
5. **Efficacy and Benefits:** While no social service project has complete success, the project must document the general competency and over-all positive outcome accomplished by the practitioner, in order to receive final certification.
6. **Archetypal Character Study and Plant Study:** Regardless of whether the candidate for certification chooses the **Clinical Case Study** option for certification, or the **Independent Social Service** option, completion of the [Archetypal Character Study](#) and the [Plant Study](#) are required for Certification.
7. **Final certification** Upon acceptance and approval of the study project, and a formal review process, the practitioner will be awarded the *Flower Essence Society Practitioner Certificate*.



**Flower Essence Society**

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