

Animals Using Flower Essence Therapy: Case Reporting Guidelines

The Importance of Animal Case Research in Flower Essence Therapy

The **Flower Essence Society** welcomes case studies involving animals for its general research program, specialized clinical research, or for those enrolled in the **FES Certification Program**. Flower essence therapy reverses the moral equation that we are entitled to exploit or cause suffering in animals for human medical knowledge. Instead, flower essence therapy is based upon the premise that animals are sentient beings with their own inherent dignity and soul identity. Animals are not “things” to be manipulated; rather, they are living beings we are challenged to understand and respect. It is only through this window of perception, that flower essences can be chosen and used successfully for animals.

For this reason, flower essence therapists are in a unique position as healers and educators; we are offering a completely different perspective on why animals might be suffering and how we can encounter and communicate with the soul identity of the animal. Sound professional case documentation with animals will help the entire world culture to shift to a new moral responsibility and compassion regarding our relationship to animals. We welcome and need your research!

Research Strategies and Values

While animals do not speak in human-based language, they communicate their feelings and behaviors to us in a wide variety of ways that can be documented effectively in case research. Good case documentation should record the basic behaviors presented by the animal, with the goal of understanding that these behaviors are a form of soul language and expression unique to each animal. Based upon this insight, one can make a compassionate decision about the most appropriate flower essences that will provide support and stabilization.

During the course of flower essence treatment, we can also track and record a wide spectrum of objective indicators to demonstrate how the flower essences have impacted a case, such as changes in relationships with human caretakers or other animal companions, physical appearance and gait of the animal, changes in eating and sleeping patterns, medical laboratory tests, performance or learning tests, and so forth.

Animal cases - especially those involving domesticated animals - need also to be evaluated for the relationship with the primary caretaker(s) and the over-all environment for daily living. These factors may themselves need counseling and flower essence therapy in order to restore the over-all soul and bodily health of the animal.

Four Primary Categories for case documentation

1) Background history – client intake (some factors may remain unknown but the practitioner should strive to obtain the fullest picture possible)

- Age
- Information about the animal's mother and/or father, pedigree, etc.
- Conditions surrounding birth and infancy
- Medical history (surgery, pharmaceutical drugs, herbs, etc.)
- Prior living situations or caretakers
- Nutritional program – current and past

2) Presenting phenomenology

- Condition of coat
- Gait
- Skin
- Social interactions
- Vocalization
- Behavioral traits and accompanying feelings
- Eating habits
- Sleeping habits

3) Information regarding primary caretaker(s) and living context

- Who are the primary caretakers and why?
- What is the quality and duration of interaction with caretakers?
- What are the “reasons” for the relationships (i.e., protection, emotional companionship, financial, etc.)?
- What are the basic living conditions of the animal?
- What is the prevailing emotional tone or lifestyle context in the animal's home/farm/or workplace?

4) Practitioner Assessment and Healing Goals

- Primary physical problems
- Primary soul challenges
- Environmental or caretaker relationships that need healing
- Healing Goals and Objectives based upon the above information

Ongoing Case Documentation

This list provides a general outline. There are many different possibilities for documentation according to the individualized case of each animal.

A minimum of four cycle evaluations is required for animal cases submitted for the FES Certification Program.

- Check off list of behaviors – before, during and after (see standard FES Animal Evaluation Form)
- Photo or video documentation of visual information (changes in skin, coat, gait, vocalization, etc) – before, during and after as appropriate
- Journal entries on a daily or weekly basis as appropriate – including changes in eating, sleeping
- Journal entries or interview notes with caretaker(s) regarding changes in relationship dynamics
- Record changes in medical or other related laboratory tests
- Record changes in performance (if work or show animal)

Please note that the components required for documentation in human client studies are not generally relevant or cannot be interpreted in the same manner. In particular this refers to the **Four R Process** of flower essence therapy and the **Meta-Flora Soul Map**. Therefore you need only follow the guidelines outlined on these pages for submitting animal case studies for **FES Certification**.

You will also need the animal caretaker to fill out the following downloadable forms, or the equivalent:

[Animal Intake Form](#)

[Case Evaluation Form for Animals](#)

Please review the [FES Certification Overview](#) to be sure you are aware of all of the certification requirements.



Flower Essence Society Research Program

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